

hospitable, and I haven't time now to tell you half of what they have done for us here. I only hope if ever they all come to England we shall be able to repay their goodness in some slight degree.

Yours very sincerely,  
VIOLETTA THURSTAN.

### A MEMORABLE JOURNEY.

Miss E. J. Haswell, of the Registered Nurses' Society, who took charge of the party of nurses sent out by the St. John Ambulance Association, returning from Brussels, from Copenhagen till their arrival in London, proved herself an admirable spokeswoman, and conducted its relations with the various authorities in the countries through which they passed with courtesy and discretion.

The letter which we publish from Miss Violetta Thurstan describes the journey of the party *via* Cologne to Copenhagen. It should be stated that the party consisted of some 140 nurses—half of these being the St. John Ambulance contingent—and the others belonging to the Red Cross Society and the Rothschild Ambulance (in charge of Dr. Rowlands). The St. John's party stayed at the Hotel Cosmopolite; and the rest at the Hotel King of Denmark. These arrangements were made by the British Embassy, representatives of which met the nurses on their arrival in Copenhagen. Miss Haswell relates that their German Guard were quite courteous throughout the journey, but after they reached the Danish frontier, where the Guard left them, the friendly looks and greetings they received were a delightful change—for while passing through German territory the demeanour of civilians, especially at Hamburg, was at times very hostile.

In Copenhagen the fraternal relations between the nurses affiliated together in the International Council of Nurses were strikingly illustrated. Nothing could exceed the kindness and hospitality shown to the British nurses by Mrs. Tscherning (the President), and the Danish National Council of Nurses. The party arrived in Copenhagen late on the evening of October 9th, and

early next morning Miss Jessen (the Hon. Secretary), called at the Cosmopolite Hotel, and invited all the nurses to see the Rigs Hospital—to which they were taken by car by Miss Jessen and Miss Petersen. Here they were received, in the charming Nurses' Home, by Mrs. Tscherning, the Matrons of the various blocks—(there is no Matron-in-Chief)—and a number of the nurses, who all spoke English. Delicious tea and coffee were served, and afterwards they went in small detachments to inspect the hospital, and were much struck by the thoroughness of Danish methods, especially in the children's block, where not only the number of hot water bottles put into a cot is charted but also their temperature.

The arrangements of the diet kitchen, where the babies' bottles were cleansed, and the milk and food prepared and sterilized, were, Miss Haswell states, almost perfect; and here, under the supervision of a Sister, the nurses have to take a course in preparing the food.

In the afternoon the same day the party paid a visit to the Bispelberg Hospital, where they were received by Miss Münck, its very charming Matron. The Hospital, in its own park, resembles a model village—with beautiful walks and picturesque water-lily ponds. It was only opened about a year ago, and the massage block is not yet finished. Subterranean passages connect the various blocks. In the Nurses' Home a delightful tea was served. Miss Haswell much admired the neat professional uniforms of the nurses—one detail being that

they are made with a plain coat sleeve to the elbow, and there turned back with a pointed and stitched cuff of white piqué.

On October 12th the party were afforded an opportunity of seeing the famous Finsen Institute, where the principal medical man explained and demonstrated the various treatments given, including Finsen light, X-ray treatment, the application of iodine and electricity in cases of lupus of the mucous membrane, and light baths in lieu of sun baths.

On October 14th the St. John Ambulance nurses left Copenhagen at 7 a.m., when they had a hearty send-off from members of the



SISTER E. J. HASWELL,  
REGISTERED NURSES' SOCIETY.

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